IHBT ELIGIBILITY SCENARIOS WITH RATIONALE
SCENARIO 1

• Tamara (14) has been hospitalized for frequent episodes of self-injurious behaviors (cutting on her arms) and suicide ideation.
• She recently voiced suicidal thoughts to her outpatient therapist and was referred for IHBT.
• Her current symptoms are consistent with a diagnosis of Major Depression.
• Single working mom is concerned that she could lose her job due to Tamara’s need for supervision.
• More than one day a week she misses school due to her depression. She is falling behind significantly at school.
• Previous outpatient and CPST services have not been effective in stabilizing her symptoms.
SCENARIO 1: RATIONALE FOR AUTHORIZATION

• Tamara would qualify for IHBT based on the following criteria being met:
  1. Qualifying diagnosis: Major Depression
  2. Functional impairment: missing school and falling behind in school
  3. At-risk of hospitalization (suicide ideation and self-harm)
  4. Significant behavioral health risk/safety concern: suicide ideation and self-harm
TAMARA IS UP FOR REAUTHORIZATION

INITIAL CANS

- **Behavioral and Emotional Needs:**
  - Depression = 3

- **Life Functioning:**
  - School Attendance = 2
  - Family = 2

- **Risk Behaviors:**
  - Suicide Risk = 2
  - Self-mutilation = 3

CANS TIME 2

- **Behavioral and Emotional Needs:**
  - Depression = 2

- **Life Functioning:**
  - School Attendance = 2
  - Family = 1

- **Risk Behaviors:**
  - Suicide Risk = 1
  - Self-mutilation = 2

Tamara has made progress in treatment with a reduction in her suicidal ideation and self-mutilation. While progress had been made the therapist is requesting an additional authorization to solidify treatment gains and continue to decrease risk and safety issues.
SCENARIO 1: RATIONALE FOR RE-AUTHORIZATION

• Decision: Re-authorization
• Tamara has made progress in treatment with a reduction in her suicidal ideation and self-mutilation. While progress had been made more treatment is needed to further solidify treatment gains and continue to decrease risk and safety issues.
SCENARIO 2

- 15 year old Tayshawn is currently on probation for domestic violence for engaging in a physical confrontation with his mother’s boyfriend.
- Tyshawn’s biological father was physically abusive with Tyshawn. Ever since he has vowed to protect himself and his mother by any means necessary.
- Diagnostic assessment supports a diagnosis of Conduct Disorder and PTSD
- He is on an IEP and is designated ED.
- Mother’s boyfriend has given mother an ultimatum that either Tyshawn goes or he goes.
SCENARIO 2: RATIONALE FOR AUTHORIZATION

- Tayshawn would qualify for IHBT based on the following criteria being met:
  1. Qualifying diagnosis: Conduct Disorder/PTSD
  2. Functional impairment: On an IEP for ED
  3. At-risk of placement: Ultimatum made by Mother’s boyfriend
  4. Significant potential for behavioral health risk/safety concern: domestic violence
TAYSHAWN IS UP FOR REAUTHORIZATION

• Tayshawn’s mother made the decision to break up with her boyfriend.
• Since then family conflict has decreased and Tayshawn’s behavior has improved at home.
• Tayshawn is also doing better behaviorally at school.
• Based on this improvement the school is requesting that the IHBT program continue to until the end of the school year. Mother likes that he is doing better at school and conveys this request to the therapist.
• Reauthorization decision:
SCENARIO 2: RE-AUTHORIZATION REQUEST DECISION

• Decision: School request for continuation is not a valid reason for re-authorization, especially when the time period is based on school year time frame.
SCENARIO 3

- Alonzo is 11 years old and is fascinated with fire and frequently lights small fires to watch them burn. He recently set fire to the carpeting in his room.
- Mother reports that last year he deliberately harmed their family cat by throwing him by his tail down the stairs.
- Children’s Services was previously involved to investigate alleged sexual abuse which was unsubstantiated. The social worker recommended increased monitoring and supervision around potential safety issues in the home.
- Alonzo is quite impulsive and is diagnosed with ADHD.
- Alonzo is on a 504 Plan at school for to provide accommodations for his ADHD symptoms.
- Is Alonzo eligible for IHBT services?
SCENARIO 3: RATIONALE FOR AUTHORIZATION

- Alonzo would qualify for IHBT based on the following criteria being met:
  1. Qualifying diagnosis: ADHD is not a qualifying diagnosis for IHBT. However, the other behaviors are consistent with a co-occurring Conduct Disorder and with R/O PTSD.
  2. Functional impairment: 504 plan at school; violent/aggressive behaviors at home
  3. At-risk of placement: Children’s Services recently involved to investigate allegations of sexual abuse. Juvenile justice may become involved due to his dangerous and aggressive behaviors.
  4. Significant potential for behavioral health risk/safety concern: fire setting; violence toward family pet
SCENARIO 4

• Patrice was removed from her home earlier this year and placed in foster care. She has been in three foster homes this year.

• Patrice is not adjusting well to her most recent foster home and has runaway on two occasions in the past four weeks. When given consequences for her behaviors she began cutting on her arms.

• The foster home contacted CSB stating that they did not know how long they could maintain her in their home with these behaviors.

• In an effort to stabilize the foster placement and avoid more restrictive placement options, the CSB social worker refers Patrice for IHBT.

• Health Care R Us chose not to authorize IHBT for Patrice. What possible reasons did they give for this decision?
SCENARIO 4: AUTHORIZATION DENIAL RATIONALE

• Patrice did not qualify for IHBT based on the following criteria not being met:
  1. While Patrice meets many of the criteria for IHBT, she is currently not in a long-term living situation with committed caretakers.
  2. If Patrice were returning home from foster placement within the next 30 days, she would qualify for IHBT.
SCENARIO 5

• Suzanne is a 12 year old female who presents with school phobia and a generalized anxiety disorder. She has already missed 20 days of school this year. The school called the mother with their concerns and stated that any further unexcused absences would result in truancy charges and possible court involvement.

• The school had a positive experience with another youth who had received IHBT and recommended the services to the mother. Mother follows through with the school’s suggestion.

• Suzanne has not had counseling previously.

• Based on this information what would be your decision? Why?
• What additional information would you need to consider IHBT authorization?
SCENARIO 5: RATIONALE FOR DENIAL

- Suzanne would not qualify for IHBT based on the following criteria being met:
  1. Qualifying diagnosis: Generalized Anxiety Disorder and School Phobia
  2. Functional impairment: Missed 20 days of school
  3. At-risk of placement: Not currently. But is at-risk of court involvement because of pending truancy charges.
  4. Level of intensity needed: While Suzanne meets some of the criteria for IHBT, there is insufficient evidence that she needs this level of intensity of service to improve. Because she has not had less restrictive treatment (outpatient counseling) or medication management, these should be tried first. If the less restrictive options are not successful and she becomes further involved in the court system due to her qualifying disorder, then IHBT should be considered as an option.
SCENARIO 6

• Martin is a 16 year old African American male who has Planned Permanent Living Arrangement (PPLA) status with Children Services. He has been living with the same foster home for the past 3 years and the parents are committed to keeping Martin until age 18.

• During the past year Martin had become more isolated and secretive about his whereabouts. Also this year the foster parents noticed a change in Martin’s peer group and suspected he was using marijuana on the weekends. Most recently, Martin came to the foster parent’s concerned he was hearing voices telling him to hurt himself. The foster parents are concerned for his safety.

• Under what conditions would this referral be appropriate?
SCENARIO 6: RATIONALE FOR AUTHORIZATION

• Martin would qualify for IHBT based on the following criteria being met:
  
  1. Qualifying diagnosis: Major Depression; R/O Schizophrenia (First Episode Psychosis); co-occurring Cannabis use.
  2. Functional impairment: Peer group places Martin at-risk
  3. At-risk of placement: currently in child welfare long term placement
  4. Significant potential for behavioral health risk/safety concern: voices telling him to hurt himself
  5. Martin is living in a long term planned living arrangement with committed foster parents.
SCENARIO 7

• Jimmy (13) has been in residential treatment for the past year. The funding for his placement is running out. The residential treatment center communicates that he needs more time in their treatment center.

• Jimmy presented with suicidal and homicidal ideation. He threatened to kill his step-father during a physical altercation between them. When the police were called out to the home Jimmy stated being suicidal. He was taken to the hospital. At the time of discharge the psychiatrist recommended residential treatment for everyone’s safety.

• Jimmy has the following diagnoses: Bipolar Disorder; ADHD; and PTSD.

• The family anticipates his return in the next 2 months and calls IHBT R Us for help.

• Under what conditions would you authorize IHBT?

• What other services would you recommend?
SCENARIO 7: AUTHORIZATION DECISION

• Jimmy would not qualify for IHBT based on the following criteria not being met:
  1. While Jimmy meets the diagnostic as well as the functional impairment criteria, the timeframe for his reunification is unclear and is potentially 2 months from being released.
  2. Jimmy would qualify for IHBT once he is ready to be released from residential treatment.
SCENARIO 8

• Jaden is diagnosed with Disruptive Mood Dysregulation Disorder and co-occurring Cannabis Use Disorder. He recently was adjudicated for a felony assault and was placed on probation. The magistrate ordered treatment in lieu of placement at ODYS. The probation officer recommended Multisystemic Therapy (MST) to the family because they are an evidence based practice for delinquent behaviors and substance use.

• The MST program submits the appropriate information for IHBT authorization.

• Your decision:
SCENARIO 8: AUTHORIZATION DECISION

• Jaden would qualify for IHBT based on the following criteria being met:
  1. Qualifying diagnosis: Disruptive Mood Dysregulation Disorder and co-occurring Cannabis Use Disorder.
  2. Functional impairment: Impaired community functioning (felony assault).
  3. At-risk of placement: at-risk of Department of Youth Services placement
  4. Significant potential for behavioral health risk/safety concern: Assaultive behaviors