JMOC Update: Behavioral Health Redesign

September 22, 2016

Why is Ohio Changing?

Current State

- Limited billing codes for all of behavioral health
- Lack of detail on specific services rendered and reimbursed for
- Outdated billing code structure
- Not compliant with national coding standards
- Rates not tied to provider type
- Little information regarding billing practitioner available
- Limited ability of practitioners to practice at the top of their scope of professional practice
- Historically Fee-for-Service
- Difficult to coordinate care
- Physical and behavioral health treated separately
- Difficult to transition to managed care

Vision and Outcomes

- All providers practice at the top of their scope of professional practice
- Integration of behavioral health & physical health services
- High intensity services available for those with SPMI and SED, and addiction
- Improved health outcomes for Ohioans with mental illness and/or addictions
- Services and supports available are sustainable with budgeted resources
- Implementation of value-based payment methodology
- Coordination of benefits across payers

Behavioral Health Redesign Updated Timeline

The BH Redesign is composed of numerous initiatives with different implementation dates and milestones

August 2016

Specialized Recovery Services

- Peer Recovery Support
- Individual Placement and Support – Supported Employment
- Recovery Management

2016

Continuous Training and Stakeholder Engagement

JANUARY 2017

Opioid Treatment Programs

The following will be available for opioid treatment programs (OTPs) on January 1st, 2017:

- Daily and weekly administration of buprenorphine and methadone
- Naloxone – (Narcan) overdose rescue drug
- Injectable and oral naltrexone

Require Identification of Rendering Provider

- Provider information required on all claims per federal statute.
- Rendering providers associated with agencies.

Respite

- Respite care for families and caregivers of children with severe emotional disorder implemented by managed care plans

JULY 2017

Updated Benefit Package

- Office and home-based primary care services
- Full range of psychotherapy services
- Psychological testing and diagnostic assessment
- Mental health day treatment
- Restructuring SUD benefit package according to ASAM levels of care
- SUD residential treatment

Mental health rehabilitation services available:

- Assertive Community Treatment (for adults, includes peer support)
- Intensive Home Based Treatment– (for youth)
- Therapeutic behavioral services
- Psychosocial rehabilitation

Children Intensive Behavioral Services

- Updating codes for services for children with autism spectrum disorders
- Provided by Ohio-certified behavioral analysts and other qualified practitioners

Improvement of Program Performance

- Alignment of behavioral health with National Correct Coding standards.
- Alignment of CPT and HCPCS codes with AMA standards
- Ensure Medicaid is payer of last resort (maximize TPL and Medicare cost-avoidance).
- Require Medicare participation for providers serving Medicare enrollees.

IMD Services

- Inclusion of IMD services for Managed Care regulations

JANUARY 2018

Managed Care

- Behavioral health services carved into Managed Care as of January 2018.
- 12 month continuation of behavioral health policies

Updated Benefit Package

ACT and IHBT

Added evidence-based/state-best practices and associated payments

ASAM Levels of Care

Aligned SUD Benefit with ASAM levels of care

Children's BH Services

No diagnosis edits for children's services provided by licensed practitioners

EKGs

Monitoring of cardiac health for individuals receiving BH medications through use of EKG

Psychotherapy Codes

Covered entire psychotherapy code set, including family psychotherapy.

Expanded Code Set

Expanded code set and practitioner list (e.g., physician-administered J-codes) to more accurately represent services and practitioners

Labs and Vaccines

Inclusion of certain clinical laboratory tests and vaccinations

Medical Services

Registered Nurse and Licensed Practical Nurse coding solution
Compliance with national correct coding

MH Professional Experience

MH para-professionals with 3+ years of experience (on or before June 30th, 2017) will be able to provide Therapeutic Behavioral Services

Psychological Testing

Added psychological testing codes

Updated Benefit Package

OTPs

Expanded coverage to include buprenorphine-based medication dispensing and administration.

Peer Support: Medicaid

Introduced peer recovery support as a covered Medicaid service

MH Day Treatment

Added MH day treatment hourly and per diem codes and rates as replacements to MH partial hospitalization code and rate

SBIRT

Added Screening, Brief Intervention and Referral to Treatment to the mental health benefit package as a best practice

SUD Basic Benefit Package

ASAM Outpatient Level of Care is available to everyone (not subject to prior authorization; limited only by total hours)

SUD Residential

Per diem payments are available for SUD residential levels of care, including withdrawal management. Providers only need access to a psychiatrist.

SUD and MH Code and Rate Alignment

SUD and MH payment rates are the same for common codes/activities (e.g., E&M, nursing, psychotherapy)

Specialized Recovery Services (SRS) Program

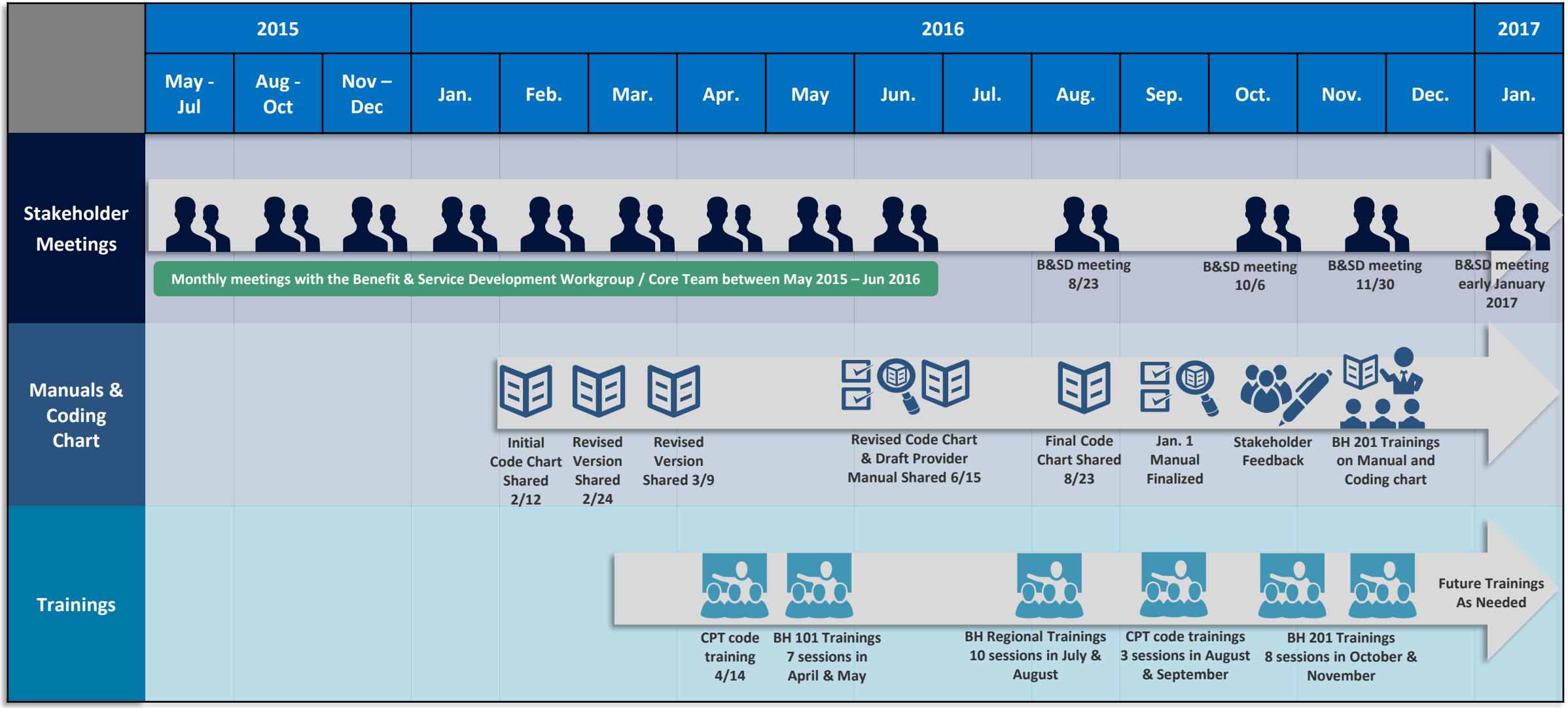
Implementing Specialized Recovery Services program for adults identified with a SPMI

Rate Increases

Total investment into the BH System of $37.5M above budget neutrality

BH Redesign Feedback & Training Timeline

Stakeholders were given numerous opportunities to provide feedback as well as many training opportunities to understand the changes coming to Ohio's BH system



Stakeholder Engagement

The Ohio Department of Medicaid and Department of Mental Health and Addiction Services has consistently and continually engaged stakeholders throughout the BH redesign process.

Addiction Roundtable Co-Chair	Clark County Department of Job and Family Services
Aetna	Coalition of Homelessness and Housing in Ohio
Alcohol Drug and Mental Health (ADAMH) Board	Common Ground Family Services
BASIC	Connections Cleveland
Beech Brook	Consumer Support Services
Buckeye Health Plan	CSAO
Buckeye Ranch	CSH
Care Source	Franklin County Children Services
Care Star	Greater Cincinnati Behavioral Health Services
Case Western Reserve University Center for Evidence Based Practices	Hamilton County Job & Family Services
Catholic Charities Dioceses of Cleveland	Harbor
Cenpatico Behavioral Health	Homes for Kids
Children’s Advantage Family Behavioral Health Services	Joint Medicaid Oversight Committee
Children’s Home of Cincinnati	Knox County Department of Job and Family Services
Cincinnati Children's Hospital Medical Center	Lake County Alcohol, Drug Addiction and Mental Health Services Board

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Magnolia Club House	Ohio Association of Child Caring Agencies
Mental Health & Recovery Board of Clark, Greene and Madison Counties	Ohio Association of County Behavioral Health Authorities
Mental Health and Addiction Advocacy Coalition	Ohio Association of Health Plans
Molina Healthcare	Ohio Children's Hospital Association
Montgomery County Department of Job and Family Services	Ohio Citizen's Advocates
Morrow County Public Children Services Agency	Ohio Community Corrections Association
Murtis Taylor	Ohio Council of Behavioral Health & Family Services Providers
NAMI Ohio	Ohio Department of Developmental Disabilities
National Association of Social Workers	Ohio Department of Job and Family Services
Nationwide Children's Hospital	Ohio Empowerment Coalition
NCH	Ohio Family and Children First
Northern Ohio Recovery Association	OhioGuidestone
Ohio Judicial Conference	Ohio Hospital Association
Ohio Alliance of Recovery Providers	Ohio Hospital for Psychiatry

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Ohio Psychiatric Physicians Association	South Community Inc.
Vorys Health Care Advisors	Stark County Child & Adolescent Behavioral Health
Wingspan	Stark County Mental Health and Recovery Services Board
Youth Advocate Services (YAS)	Summa Health
Zepf Center	Summit County ADM Board
Ohio Psychological Association	Summit County Children Services
Ohio State University Wexner Medical Center (OSUMC)	Talbert House
Ohio University	The Batchelder Company
Paramount Health Plans	The Ohio Council of Behavioral Health and Family Services Providers
Positive Leaps	The Peer Center
ProMedica Health Systems	Trumbull County Children Services
Public Children Services Association of Ohio (PCSAO)	UMCH Family Services
Public Health – Dayton & Montgomery County	United Healthcare
Quest Recovery and Prevention Services	Rainbow Babies Hospital
Quest Smith House	Signature Health Inc

Stakeholder Engagement

The Ohio Department of Medicaid and Department of Mental Health and Addiction Services has consistently and continually engaged stakeholders throughout the BH redesign process.

Ohio has engaged **91** provider agencies and advocacy groups

And **51** county boards

The Ohio Departments of Medicaid and Mental Health and Addiction Services have partnered with the following consulting firms as part of BH Redesign:

Deloitte, Mercer, and Milliman

Stakeholder Communication Approach

Communication Tools Utilized

A **centralized** behavioral health redesign **website** acts as a **single**, **two-way** communication resource.

Newsletters are frequently sent to stakeholders. Newsletters cover **general policy** and detailed **technical** information.

Whitepapers were published on the website explaining Ohio's behavioral health redesign background and future changes.

Detailed billing-related resources and manuals are **posted** on the **website**.

Stakeholders are able to **submit questions** and **concerns** via the website.

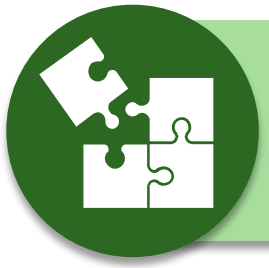
All **trainings** are **posted** on the **website** as reference for providers and stakeholders who are unable to participate.

Videos were developed and posted on the website to **actively** and **visually** engage stakeholders.

Mental Health Day Treatment

Mental Health Day Treatment Ideology

Preserves Current Service Structure and Scope



Reimbursement Model Supports How Providers Deliver Services

Pays for Practitioner Licensure and Education

Rate Development

Rate Example

Specific procedure codes may not be reimbursed above Medicare according to State law (ORC 5164.70) and in accordance with federal policies, which impacts the rates we are able to pay for nursing services.

- Can only pay 85% of the physician rate for services delivered by advanced practice nurses

Due to Medicare's limited coverage for RN and LPN services, Medicaid chose additional procedure codes that are not covered under Medicare and have a Medicaid specific rate

This may require agencies to modify their current business models

Supporting Continued Access

Next Steps

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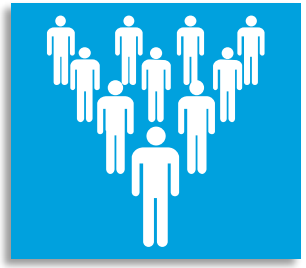
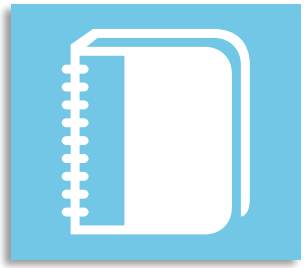
Policy and Regulatory

- Seek State Plan Amendment approvals from CMS
- Begin the Ohio Rules process



Stakeholder Meetings, Trainings, and Ongoing Communications

- Upcoming stakeholder meetings: October 6th and November 30th
- BH 201 Trainings: Eight sessions throughout October and November
- Ongoing communication with stakeholders



Provider Manuals

- Finalize the January 1 Provider Manual
- Continue to refine the July 2017 Provider Manual